



HALIFAX YOUTH SAILING General Information & Rules

Sailors will need the following each day:

- Lunch [water will be provided by HYS each day]
- Coast Guard approved Type III PFD [life vest]
- Water shoes
- Sun Screen
- Hat & Sunglasses with keeper cord
- Bathing suit or clothes that can be wet
- Towel
- Gym bag or backpack for personal items
- Change of dry clothing

HYS Class Rules:

- No fighting of any kind at any time
- No running anywhere
- Do not enter the water without an instructor or counselor
- Wear your PFD and water shoes at all times in or on the water
- This is a learning environment, pay attention to your instructors
- Do not interrupt your instructors or counselors
- Raise your hand to ask questions
- No bad language or name calling
- Never leave the Sailing Center without permission or your parent
- Be respectful to your instructors, counselors and fellow sailors
- Report unsafe conditions or injuries immediately
- Campers will only be released to their parents or guardians